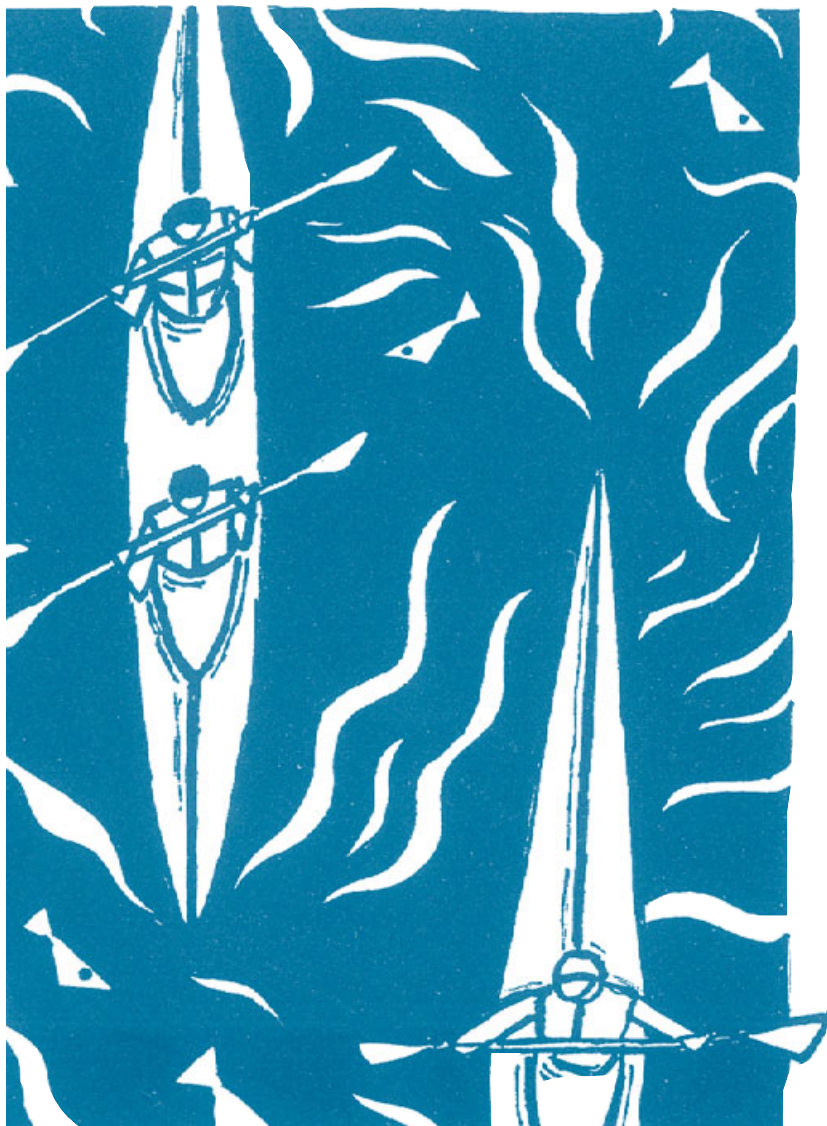




## 22nd Annual **Sea Trek Regatta &**

# **ETC Adventurers' Auction and *all new* Paddle-a-thon**



## **Saturday, October 18, 2003**

**Join us for the  
sea kayaking event  
of the year!**

### **Schedule of Events**

On the beach at Schoonmaker Pt. Marina, Sausalito

- 7-8:30am Race Registration (No latecomers!)
- 7:45am Tides and Tactics Talk
- 8:30am Mandatory Skippers' Meeting
- 10am Race Start
- 12-2pm Picnic-style Lunch  
(bring your own blanket or beach chair)
- 2-3pm Adventurers' Auction & Raffle Drawing
- 3pm Awards Ceremony

### **Entrance Fee**

Race, Lunch, Auction:  
\$50 advance (until 10/10/03)  
\$60 on-site  
Lunch & Auction only: \$10 on-site

### **Paddle-a-thon**

Race fees waived for paddlers who raise \$150  
(or more!) in individual sponsorships.  
Prizes (including a carbon kevlar paddle!)  
will be awarded to top fundraisers!  
*All contributions collected on the day of the event.*

**For more information:**

**Race Info: (415) 488-1000**

**[www.seatrekkayak.com](http://www.seatrekkayak.com)**

**Paddle-a-thon, Auction & Raffle: (415) 474-7662 x19**

**[www.etctrips.org](http://www.etctrips.org)**



**A benefit for:**

**Environmental Traveling Companions (ETC)**  
a nonprofit organization celebrating over  
30 years of providing accessible outdoor  
programs for people with disabilities and  
disadvantaged youth.



## Dear Friends,

We find ourselves once again gearing up for our Annual Sea Trek Regatta — 2003 marks 22 years of coming together on the beach to celebrate our paddling community, to share in a beautiful day on the water and, as always, to raise funds in support of Environmental Traveling Companions' (ETC) accessible outdoor adventure programs. After the race we will have time to relax on the beach with a picnic-style lunch, adventure auction and awards ceremony.

New for 2003, we have added a Paddle-a-thon. Paddlers will have the opportunity to join ETC in fundraising (and "friendraising") by soliciting individual race sponsorships. In doing so, paddlers can help ETC share its mission with a larger audience while at the same time raising funds that go directly towards providing people of all abilities the opportunity to access wilderness adventures. (See below for more details.)

So, mark your calendars for Saturday, October 18th! Get your co-workers, friends, and family to sponsor you in your race, buy lots of raffle tickets for your best chance to **win a Sea Trek trip to Alaska** or a generous gift certificate from TravelSmith, and come prepared to have a wonderful day of paddling fun!

Bob Licht  
Owner, Sea Trek

Diane Poslosky  
Executive Director, ETC

**How does the all new Paddle-a-thon work?** The Paddle-a-thon is a way for paddlers to help ETC fundraise for accessible outdoor adventures and at the same time share the ETC mission with a greater audience. The benefit for you? Your \$60 race fees will be waived when you raise a minimum of \$150. So talk with your co-workers, your neighbors, your friends and your family — tell them about the Regatta and the incredible opportunities ETC makes available to people with disabilities and inner-city youth in our communities. 100% of the money raised goes directly towards creating accessible adventures. Attached in this packet is a Paddle-a-thon Pledge Sheet to get you started. Prizes (including a carbon kevlar paddle!) will be awarded to the top three Paddle-a-thon fundraisers! Additional support information can be found at the ETC Web site at [www.etctrips.org](http://www.etctrips.org), or call Sonja at (415) 474-7662, ext. 19.

**Who paddles in the Regatta?** Everybody! The event is accessible to people of all abilities. Participants with disabilities will receive a free boat rental (double), and a guide from ETC. And you don't have to be a serious racer. Considered the "Bay-to-Breakers" of sea kayaking, the Sea Trek Regatta is perfect for paddlers looking to race competitively as well as paddlers just looking for a fun day on the Bay in support of a great cause. Come One, Come All

**Can I register online?** Yes! Please visit the Sea Trek Web site to register online or to print out additional paper registration forms and liability waivers: [www.seatrekkayak.com](http://www.seatrekkayak.com)

**At what time do I need to be there?** On-site registration will be between 7–8:30AM. There is a mandatory Skipper's Meeting for all paddlers at 8:30AM — we will discuss the rules and regulations of the day and provide all the other information you'll need for a successful, fun day. The starting horn indicating the race start will blow at 10AM sharp! Please help us keep to this timeline by being ready to go! We recommend that you eat breakfast before the race starts so that you will be adequately fueled up until your return to Sea Trek where a delicious post-race beach lunch awaits you.

**Do you have any race course tips for me?** Mitch Powers, four-time winner and former course record-holder for the Angel Island course, will lead a pre-race Tides and Tactics talk from 7:45–8:30AM. Open to all racers, this talk is great for first time entrants and experienced racers alike.

**What does the registration include?** The \$50 pre-registration (if registration is postmarked by October 10th) or the \$60 onsite registration fee covers race entry, commemorative t-shirt, lunch and auction. Non-racers are welcome to join us for lunch and auction for \$10 at the door.

**Is there a need for volunteers?** Yes! Volunteers are essential! Receive a free lunch and enjoy a rewarding day on the beach. Call Sonja Hodges at ETC at (415)474-7662 x19 to sign up.

**What about parking?** Sea Trek staff and volunteers will be on hand the morning of the Regatta to help you unload your boat and park. A reminder: there is **no** overnight parking whatsoever allowed at Schoonmaker Point Marina. We appreciate your understanding and cooperation!

**How can I rent a kayak?** Kayak rentals are available through Sea Trek. The cost of a rental is \$40 for a single, \$60 for a double all day (no part-day rentals). Reserve in advance with a credit card by calling Sea Trek at (415) 488-1000. Deposits are non-refundable after October 10.

Kayak rentals are **free** for participants with disabilities. Call ETC at (415)474-7662, ext. 13 to reserve.

### Adventurers' Auction

Take advantage of this great opportunity to purchase an exciting outdoor vacation and the gear to outfit you. Remember that all proceeds from the auction will help ETC fulfill its mission of providing accessible outdoor adventures for people with disabilities and disadvantaged youth. Sample auction items include: a Mar y Aventuras kayaking trip for one in Espiritu Santo, Baja, a Necky kayak, and Chaco sandals. A complete list of auction items can be found on the ETC Web site: [www.etctrips.org](http://www.etctrips.org)